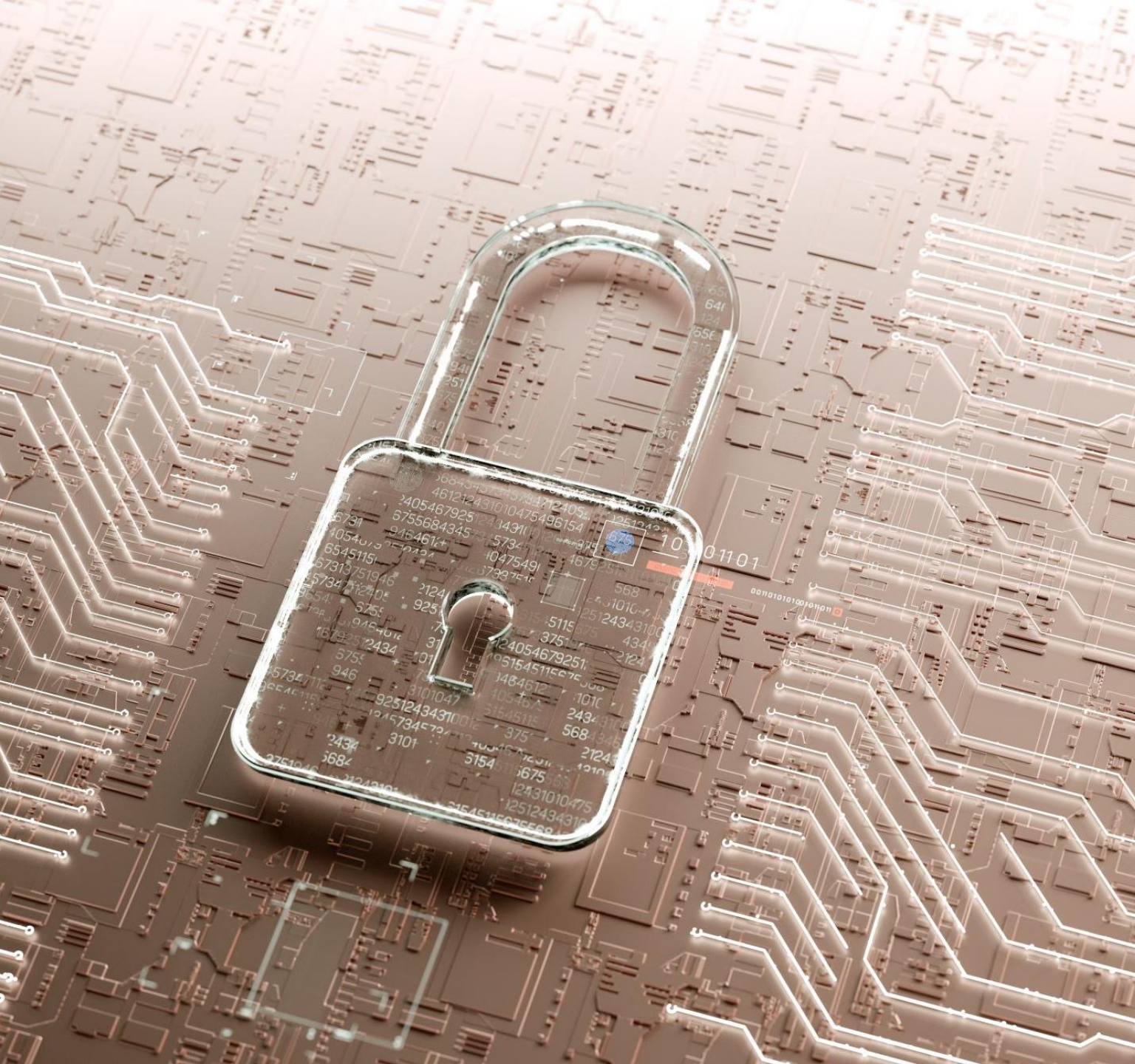




Online Safety

By the end of this session, you will be able to

1

List ways your online safety could be breached, personally & professionally

2

Identify ways to protect yourself online

3

Explain the consequences of trolling

4

Demonstrate how to check whether your own passwords have been compromised



Learner Activity (group)

1. List ways in which your online safety can be breached. Consider this activity from a personal and professional viewpoint.
2. What could be the impact of your poor online safety?
3. List what you can do to stay safe online, personally and professionally.

Trolling

Trolling online is making a deliberately offensive or provocative online post with the aim of upsetting someone or eliciting an angry response from them. People are deliberately provoking others online. They will say offensive things through their own or an anonymous fake account.



You can be prosecuted and serve time in prison for sending abusive and hurtful comments on social media platforms. For example,

Threatening content	Content intentionally sent to cause psychological or physical harm	Deliberately spreading false information to cause harm	Revenge porn (uploading intimate photos without consent)	Inciting violence against someone
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Phishing & Pwned

PHISHING MESSAGES

- Phishing emails, texts and emails are a problem. These are fake communications pretending to be trusted organisations, like your bank, to get you to click or log-in so they can access your details.
- Messages look very convincing. If something looks suspicious, or you are unsure, put the number or email address into a search engine, and it will produce reviews on whether it is a scam.

HAVE YOU BEEN PWNED? (pronounced as pawned)

- Pwned password means your password has been exposed and can be taken over and used by someone else. This can happen if your passwords were in a data breach, likely stolen by organised crime, terrorist groups etc. The aim is to make money using your data in some way.

Learner Activity (Individual)



Each learner is to access the following website either on a desktop, laptop or your phone.



<https://haveibeenpwned.com/>



Privately enter any of your passwords. It will tell you if your password has been pwned and your online safety has been breached. If it has, change your password.